



EQUIPMENT LIST · ENGLISH

Guided ski mountaineering

Equipment

- Touring skis with suitable bindings, boots, climbing skins and ski crampons
- Ski poles with large baskets
- Category 4 sunglasses, suitable for glaciers and snow
- Ski helmet and goggles
- Backpack of approximately 30 litres with a ski-carrying attachment
- Ski strap
- First-aid kit and emergency bivvy bag
- Modern avalanche safety equipment: transceiver, shovel and probe*
- Climbing or mountaineering harness
- Crampons suitable for your ski boots
- Mountaineering ice axe

* Available as rental equipment.

Recommended clothing

- Ski touring trousers (softshell or hardshell)
- Technical T-shirt
- Light insulating layer for the upper body
- Lightweight windproof / waterproof jacket (hardshell)
- Down jacket
- One pair of warm gloves and one pair of thin gloves
- A hat that fits under your helmet
- 1–2 litres of drinks and a few snacks

Before the tour, we will agree exactly who brings what, so that we carry neither too much nor too little. If you have any questions about equipment or the availability of rental gear, please get in touch.